Great Finborough Church Primary School

RSHE & PSHE (Living in the Wider World) Curriculum Lesson Overview

NB: Our RSHE & PSHE Curriculum has been updated to reflect the changes required by the DfE from the Autumn Term 2026.

Upper Key-Stage 2

There are 12 RSHE units & 6 PSHE (Living in the Wider World) units of work across the two years (Year 5 & Year 6– Oak Class).

In addition, Year 6 have 2 further units of work: Changes in Puberty & Looking to the Future

RSHE Curriculum Coverage					
Friendships, stereotypes and bullying	**Drugs Education: assessing risks and manging influences**	**Developing our understanding of AI**	**Managing money and online spending**	**Embedding healthy habits and learning first aid**	**Looking to the future (Careers)**
This unit explores respectful relationships and what to do about bullying. Pupils learn how to recognise and challenge stereotypes and prejudiced or extreme views.	This unit of work covers legal and illegal drugs, and the risks and effects of legal and illegal drugs.	This unit introduces different types of AI, including generative AI, and explores opportunities, challenges and risks associated with its use.	This unit explores economic wellbeing and online financial harms including targeted advertising and other influences on online spending.	This unit supports pupils to recognise the benefits of healthy habits such as sun safety, regular exercise and goal setting. It also covers first aid.	This unit explores career-related learning (including different carer pathways)
Friendship and bullying – Y5-6 L1: Including others L2: Positive and respectful friendships L3: Bullying and its impact Belonging and community – Y5-6 L3: Challenging stereotypes L4: Addressing extremism	Drug education – Y5-6 L1: Medicines L2: Legal and illegal drugs L3: Influences and pressure L4: Tobacco, vaping and alcohol in the media	Understanding AI: Rights, safety and wellbeing – KS2 L1: What is AI? L2: How does AI affect our rights? L3: What is an AI chatbot? L3: Career routes Home Office: Digital deception - Understanding deepfakes – Y5-6 L1: The impact of generative AI L2: The ethics of AI images Pick your pics – Y5-6 L1: Pick your pics	Money and wellbeing – Y6 L1: Money and emotional wellbeing L2: Being a critical consumer Exploring risk in relation to gambling – KS2 L2: Chancing it! Online financial harms – KS2 L1: Spending influences L2: Wellbeing and support	Melanoma Fund: Sunguarding Schools L1: Sunguarding Schools Sure: Breaking Limits – KS2 L1: Confident mover L2: Team player L3: Goal setter St John Ambulance: First aid – KS2* L2: Asthma L9: Head injuries	The Careers and Enterprise Company: Careers explorers – KS2 L1: Job skills L2: Choosing a career L3: Career routes

Mental health and wellbeing	Respecting boundaries	Mental health and wellbeing (Change, loss and grief)	Safe connections	Positively engaging with our world.	Looking to the future (Careers)
This unit revisits and builds on prior learning about mental health, exploring how different self-regulation strategies can help shift habitual thoughts and emotions and support wellbeing.	This unit explores personal boundaries, different types of touch, and how to respectfully ask, give or not give permission.	This unit revisits and builds on prior learning about mental health, exploring how different self-regulation strategies can help shift habitual thoughts and emotions and support wellbeing. This unit has a particular focus on managing change, loss and grief.	This unit supports pupils to stay safe and manage risks if socialising online. It also touches on cybercrime.	This unit explores healthy ways of engaging with news stories and the impact that climate change can have on emotions and wellbeing.	This unit explores career-related learning (including different carer pathways)
L1: Regulating emotions L2: Managing distraction L3: Developing positive thinking habits L4: Managing rumination and worry L5: Managing stress	Consent – KS2 L1: Giving and seeking permission L2: Personal boundaries L3: Appropriate and inappropriate touch NSPCC: Talk PANTS – ages 9-11 L6: How can the PANTS rule help us?	Change, loss and grief – Y5-6 L3: How do people manage loss and support each other?	CEOP: Play, like, share L1: Block him right good, Alfie! L2: Who's Magnus? L3: They have fans, we have friends! CEOP: Connect – Y5-6 L1: Respectful relationships L2: Socialising online City of London Police: Cyber Detectives – Y5-6 L1: What is online fraud? L2: Where can online fraud occur?	Guardian Foundation: NewsWise – ages 9-11 L3: Managing feelings about the news L5: Spotting fake news L6: Understanding that news is targeted UCL: Climate change - empathy and agency – KS2 L1: Connecting with nature L2: Everyday actions L3: Doing it together	The Careers and Enterprise Company: Careers explorers – KS2 L1: Job skills L2: Choosing a career L3: Career routes

Additional Year 6 Units

Managing Changes in Puberty	Looking to the future (Transition to Secondary School)
This unit of work builds' pupils understanding of how to manage the changes that occur during puberty, including increased independence and new sleep patterns.	This unit explores and supports pupils to prepare for the transition to secondary school.
Changing and growing up- Y6 L1-4: Puberty L5: Positive changes L6: Developing romantic feelings	Embracing change and new challenges – Y6 L1: Moving to secondary school

PSHE (Living in the Wider World)		
One World (1)	**Change Maker Day (Before Easter)**	**Diverse Britain (1)**
This unit of work is based on the concept that we all have a responsibility to live as global citizens. It is inspired by the idea that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. It aims to enable the children to explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming. In this unit, children also learn about the steps they can take to reduce these harmful effects. They will learn about biodiversity and its importance and explore what they would like to do to make the world a better place. **Focus** Global Warming & Water	This unit of work links to our work as a Church School exploring how we as individuals can make a difference to the world we live in. It is linked to our Change Maker Collective Worship where we explore the lives of people who have started life from humble beginnings and gone on to have a positive impact on the world around them. This unit allows the children to research the work of different charities and voluntary groups, then personally select a charity or voluntary group to support, promote the work of that group and to plan and run a stall to raise funds for that organisation at our whole school community Change Maker Day.	This unit of work is inspired by the idea that the United Kingdom represents a wide range of faiths and ethnicities and that the structures within it are there to support all. It aims to enable the children to identify how they can make a positive contribution to the community. In this unit, the children learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in society. **Focus** Democracy, Local Government & National Government
One World (2)	**Change Maker Day (Before Easter)**	**Diverse Britain (2)**

This unit of work is based on the concept that we all have a responsibility to live as global citizens. It is inspired by the idea that we all have a responsibility to help the environment and all living things throughout the world through the choices we make. It aims to enable the children to explore the ideas of sustainability, the use of the earth's natural resources and the harmful effects of global warming. In this unit, children also learn about the steps they can take to reduce these harmful effects. They will learn about biodiversity and its importance and explore what they would like to do to make the world a better place. **Focus** Energy & Biodiversity	This unit of work links to our work as a Church School exploring how we as individuals can make a difference to the world we live in. It is linked to our Change Maker Collective Worship where we explore the lives of people who have started life from humble beginnings and gone on to have a positive impact on the world around them. This unit allows the children to research the work of different charities and voluntary groups, then personally select a charity or voluntary group to support, promote the work of that group and to plan and run a stall to raise funds for that organisation at our whole school community Change Maker Day.	This unit of work is inspired by the idea that the United Kingdom represents a wide range of faiths and ethnicities and that the structures within it are there to support all. It aims to enable the children to identify how they can make a positive contribution to the community. In this unit, the children learn about the law and the consequences of not respecting it. They will also learn about the workings of local and national government and the role of charities and voluntary groups in society. **Focus** Identities, communities and respecting the law

If you would like to see the resources used during the lessons, please make an appointment, via the school office admin@finboroughprimary.co.uk ,to see Mr Dodd (Headteacher/ RSHE & PSHE Lead) and he will be happy to talk through the resources with you.