

RSHE & Living in the Wider World

'Still other seed fell on good soil, where it produced a crop - a hundred, sixty or thirty times what was sown.' (Matthew 13 Verse 8)

Key-Stage 1

RSHE (PSHE ASSOCIATION)						
Maple Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A (2026-2027)	Making Friends: playing and learning together.	Mental health and wellbeing.	Celebrating me, you and our families.	Safety at Home	Being healthy	Showing kindness to ourselves and others
Cycle B (2027- 2028)	Making Friends: playing and learning together (2)	Mental health and well-being (2)	Keeping safe online.	Me, my body and staying safe.	Money and work	Keeping safe outside the home

Living in the Wider World (Twinkl Life, and the bespoke Advocacy Planning)			
Maple Class	Autumn	Spring	Summer
Cycle A (2026-2027)	One World (1)		Diverse Britain (1)
Cycle B (2027-2028)	One World (2)		Diverse Britain (2)

Lower Key-Stage 2

RSHE (PSHE ASSOCIATION)						
Sycamore Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A (2026-2027)	Me, my friends and belonging	Mental health and wellbeing	Building healthy habitats	Making choices online	Keeping safe out and about.	Looking out for each other (Basic first aid)
Cycle B (2027- 2028)	Forming respectful relationships	Exploring ways to manage risk	Mental health and wellbeing	Me, my body and growing up	Families and growing together	Money matters and news literacy

Living in the Wider World (Twinkl Life, and the bespoke Advocacy Planning)			
Sycamore Class	Autumn	Spring	Summer
Cycle A (2026-2027)	One World (1)		Diverse Britain (1)
Cycle B (2027-2028)	One World (2)		Diverse Britain (2)

Upper Key-Stage 2

RSHE (PSHE ASSOCIATION)						
Oak Class	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A (2026-2027)	Friendships, stereotypes and bullying	Drugs education: assessing risk and managing influences.	Developing our understanding of AI	Managing money and online spending.	Embedding healthy habits and learning first aid.	Looking to the future (careers)
Cycle B (2027- 2028)	Mental health and wellbeing	Respecting boundaries	Mental health and wellbeing (Change loss and grief)	Safe connections	Positively engaging with our world	Looking to the future (careers)

NB: Changes in puberty & Looking to the future (transition to secondary school) is taught to Year 6 following SATS each year as part of their transition to high school.

Living in the Wider World (Twinkl Life, and the bespoke Advocacy Planning)			
Oak Class	Autumn	Spring	Summer
Cycle A (2026-2027)	One World (1)	Change Maker Day (Before Easter)	Diverse Britain (1)
Cycle B (2027-2028)	One World (2)	Change Maker Day (Before Easter)	Diverse Britain (2)