

Milestone

RSE/PSHE Key Stage 1 Cycle B

To be on target, most Year 2 children will be at the 'expected' level.

	Basic: (All)	Expected: (Most)	Deep: (Some)
LIVING IN THE WIDER WORLD: DIVERSE BRITAIN			
Identify groups and communities they belong to			
Explain how to be a good neighbour			
Pick out things that harm and things that help a neighbourhood			
Describe what it is like to live in Britain			
Identify similarities and differences between British people			
Talk about what makes them feel proud of being British			
Describe how they can help groups and communities they belong to			
Recognise choices can have negative and positive consequences			
Explain some consequences of negative and positive choices			
Talk about why helping their neighbourhood is important			
Describe different aspects of living in Britain			
Give reasons why it is important to have differences			
Identify famous British people, places and events			
Explain what famous British people, places and events tell them about being British			
Talk about the benefits of helping a community			
Describe how other people are affected by choices they make			
Give more detailed reasons why it is important to help their neighbourhood			
Describe how they can make all people feel happy and welcome			
Begin to understand the idea of respect			
Identify that people have different opinions			
LIVING IN THE WIDER WORLD: ONE WORLD			
Talk about special people in their life and say why they are special			
Talk about different homes around the world and identify how they are the same as and different from their own			
Describe what their school is like			
Explain what an environment is			
Explain what natural resources are and identify how people use them			
Say what they love about the world in which they live and describe how they would feel if these things disappeared			



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Describe how family life in different countries can be the same as and different from their own			
Think about what children might do in homes around the world			
Describe what it is like to go to school in different countries and identify similarities to and differences from theirs			
Think about how the environment affects people's daily life			
Discuss the environmental problems of the overuse and misuse of natural resources			
Explain why it is important to care for the earth and discuss ways this can be done			
Discuss how they can show love and care for others			
Identify how people should treat each other in their homes to make sure everyone feels safe and happy			
Discuss the importance of going to school			
Identify how they can help meet the needs of people at home and abroad			
HEALTH & WELLBEING: GROWING UP			
Talk about their own likes and dislikes			
Understand that different people like different things			
Understand that girls and boys can like different things, or the same things			
Describe how they have changed since they were a baby			
Understand that peoples' needs change as they grow older			
Talk about things they would like to do when they are older			
Discuss some changes that people might go through in life			
Talk about their family and ask others questions about their family			
Consider the best thing to do in a given scenario			
Explain what 'unique' means and consider what makes them unique			
Show respect others' likes and dislikes			
Show an understanding of the need to get to know a person before making assumptions about them			
Describe physical changes humans go through as they grow up			
Show an understanding of how our responsibilities change as we grow			
Discuss how certain changes in people's lives can make them feel.			
Suggest why some male and female parts are different			



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Explain the word 'consent'			
Explain what a 'stereotype' is			
Explain what the word 'independent' means			
Consider skills they will need to acquire and goals they will need to achieve in order to fulfil certain roles			
Suggest some things that might help people cope with difficult changes and the feelings that accompany those changes			
Describe some similarities and differences between families			
Identify different family members and different family structures			
HEALTH & WELLBEING: SAFETY FIRST			
Identify some everyday dangers			
Understand some basic rules that help keep people safe			
Know what to do if they feel in danger			
Identify some dangers in the home			
Identify some dangers outside			
Identify which information they should never share on the internet			
Know that their private body parts are private			
Recall the number to call in an emergency			
List some people who can help them to stay safe			
Identify ways to stay safe in the home			
Identify a range of dangers outside			
Explain the basic Green Cross Code			
Explain why we shouldn't take anyone else's medicine			
Explain what to do if they feel unsafe online			
Explain the differences between safe secrets, unsafe secrets and surprises			
Identify their personal 'trusted' adults			
Explain a range of safety rules and how they keep them safe			
Identify different strategies to use to stay safe in different situations			
Understand that many household substances are poisonous			
Identify different people in different settings that can help them			
Give details about safe and unsafe places to cross the roads			
Understand other risks and dangers we face when we use the internet			
RELATIONSHIPS: VIPS			
Explain who the special people in their lives are			
Talk about the importance of families			



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	Basic: (All)	Expected: (Most)	Deep: (Some)
Describe what makes someone a good friend			
Know how to resolve an argument in a positive way			
Know the skills involved in successful cooperation			
Identify a way to show others that you care			
Identify who the special people in their lives are and explain why they are important to them			
Explain why having a family network is important			
Know what makes someone a good friend and demonstrate these qualities			
Put positive resolution techniques into practice			
Cooperate with others to complete a task			
Identify several ways to show others that they care and understand the importance of doing this			
Discuss why they need VIPs in their lives			
Encourage others to put positive resolution techniques into practice			
Take the lead in demonstrating successful cooperation skills			
Discuss the positive impact of showing others that they are cared for			
RELATIONSHIPS: DIGITAL WELLBEING			
Identify ways we use the internet			
Talk about different activities they like to do both online and offline			
Discuss some of the risks that are present when we go online			
Explain how to get help if anything online frightens them			
Give examples of personal information and understand that we keep it private			
Talk about ways people communicate online and explain what to do if something they see worries them			
Understand that not everything we see on the internet is true.			
Talk about what we use the internet for and how it helps			
Discuss some of the effects of too much screen time			
Tell other people about internet safety rules			
Explain how to keep personal information private online			
Understand that people may behave differently online and explain what to do if something worries them			
Discuss examples of false information they may see online			
Understand the importance of using the internet safely and responsibly			



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Explain how a range of activities can help create a healthy balance for their body and mind			
Explain how internet-safety rules keeps us safe online			
Discuss why we need to keep personal information private online			
Talk about how to communicate online in a kind of respectful way			
Suggest ways to find out if something they see online is true or false			