

# PE Breadth of Study Map



CYCLE A	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
EFYS	<b>Games</b> (Playground games and team games)	<b>Dance</b> Cosmic Kids Yoga and Dance 'til you drop)	<b>Games</b> (Playground games and team games)	<b>Dance</b> Cosmic Kids Yoga and Dinosaurs)	<b>Gymnastics</b> ELG – Physical Development (Gym in the Jungle) (Jumping, rolling, travelling and balancing - Jumping Jacks to rock n roll)		<b>Games</b> (Best of Balls)		<b>Athletics</b> (Sports day activities – The Olympics)		<b>Games</b> (Best of Balls)	
<b>Red Class (Y1/2)</b>	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Starry Skies)	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Toys)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Performing sequences)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Games</b> (Striking and Fielding)	<b>Games</b> (Striking and Fielding)
<b>Blue Class (Y2/3)</b>	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Toys)	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Rainforest)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Games</b> (Striking and Fielding)	<b>Games</b> (Striking and Fielding)
<b>Purple Class (Y4/5)</b>	<b>Games</b> (Ball skills, team games and attacking and defending)		<b>Dance</b> (Term 1- Water) (Term 2 – WWII)		<b>Gymnastics</b>		<b>OAA</b>		<b>Athletics</b> (Building up to Sports Day Activities)		<b>Games</b> (Striking and Fielding)	
<b>Silver Class (Y6)</b>	<b>Games</b> (Ball skills, team games and attacking and defending)		<b>Dance</b> (Term 1 -Dance through the Decades) (Term 2 – Electricity)		<b>Gymnastics</b>		<b>OAA</b>		<b>Athletics</b> (Building up to Sports Day Activities)		<b>Games</b> (Striking and Fielding)	
	<b>Year 6 Swimming</b>				<b>Year 5 Swimming</b>				<b>Year 4 Swimming</b>			

Sports Coach

Class Teacher

External specialist

# PE Breadth of Study Map



CYCLE B	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
EYFS	<b>Games</b> (Playground games and team games)	<b>Dance</b> Cosmic Kids Yoga and Dance 'til you drop)	<b>Games</b> (Playground games and team games)	<b>Dance</b> Cosmic Kids Yoga and Dinosaurs)	<b>Gymnastics</b> ELG – Physical Development (Gym in the Jungle) (Jumping, rolling, travelling and balancing and Jumping Jacks to rock n roll)		<b>Games</b> (Best of Balls)		<b>Athletics</b> (Sports day activities - The Olympics)		<b>Games</b> (Best of Balls)	
Red Class	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Seasons)	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Plants)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Performing sequences)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Games</b> (Striking and Fielding)	<b>Games</b> (Striking and Fielding)
Blue Class	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Plants)	<b>Games</b> (Ball skills and team games)	<b>Dance</b> (Extreme Earth)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Games</b> (Attacking and Defending Skills)	<b>Gymnastics</b> (Key elements – balancing, travelling, jumping, rolling)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Athletics</b> (Building up to Sports Day Activities)	<b>Games</b> (Striking and Fielding)	<b>Games</b> (Striking and Fielding)
Purple Class	<b>Games</b> (Ball skills, team games and attacking and defending)		<b>Dance</b> (Term 1- Carnival of the Animals) (Term 2 – Eco Dance)		<b>Gymnastics</b>		<b>OAA</b>		<b>Athletics</b> (Building up to Sports Day Activities)		<b>Games</b> (Striking and Fielding)	
Silver Class	<b>Games</b> (Ball skills, team games and attacking and defending)		<b>Dance</b> (Term 1 -Dance through the Decades) (Term 2 – Electricity)		<b>Gymnastics</b>		<b>OAA</b>		<b>Athletics</b> (Building up to Sports Day Activities)		<b>Games</b> (Striking and Fielding)	
	<b>Year 6 Swimming</b>				<b>Year 5 Swimming</b>				<b>Year 4 Swimming</b>			

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