

## **PHYSICAL EDUCATION & SPORT**



### **Our Intent Statement:**

At Great Finborough Church Primary School our aim is to encourage pupils to engage in a healthy and active lifestyle and to understand the importance of being physically active. Our intention by doing this is that our pupils will improve both their physical and mental well-being.

As a Church School, through PE and Sport our pupils are given many opportunities and encouraged to put into practice our Christian Values.

As a school we recognise the importance of high quality and regular PE and Sport and, as well as weekly PE and Sport sessions during curriculum time. To enhance our PE and Sport we maintain links with a network of external specialist coaches and local sporting organisations that support our curriculum provision. Where appropriate, our PE and Sport curriculum provides cross-curricular links.

We also provide pupils with a broad range of extra-curricular opportunities both within school and at a wide range of local specialist sports facilities, as well as residential experiences that are underpinned by a broad range of physical activities.

We want our pupils to be confident and competent learners who value and support one another as individuals and through team-work, and we therefore provide them with a range of opportunities to participate in physical exercise, both in a competitive and non-competitive environment. Through the Gipping Valley and Thurston School Sports Partnership our pupils are invited to attend festivals and tournaments at both intra and inter schools level.

We hope that through sporting opportunities and the opportunity to be part of our Young Sports Leaders team, we can encourage our pupils to demonstrate good sportsmanship and leadership values.

### **Our Implementation Statement:**

To successfully embed and implement our Physical Education and Sport provision and values at Great Finborough Church Primary School, the children and staff are involved in the following:

#### **Curriculum PE & Sport**

We plan and deliver a developmental and skills based curriculum enriched with a wide variety of opportunities and experiences. We have carefully evaluated a variety of planning schemes and documents and have selected the best to produce our curriculum map and provision. The curriculum is progressive and builds lesson by lesson and year on year on skills and opportunities.

As a small village primary school with limited facilities for our older children, we recognise the importance of connecting and using local sports clubs and facilities to meet the needs of our children and to deliver our curriculum. We therefore provide all children from Year 4 upwards with access to specialist coaching and use of facilities for gymnastics, swimming, cricket, golf and tennis.

The curriculum is divided into 6 key areas (Games including striking and fielding, Dance, Gymnastics, Swimming, Athletics and OAA). The curriculum develops and skills in the 6 key areas as the children move through Years 1-3 and, once in year 4-6, further develops skills in particular sport disciplines.

Class teachers and our Sports Coach track the assessments made during lessons and use this to inform their future planning and to keep a record of progress and attainment. This is also used to advise parents/ carers at the termly parent/ carer consultation evenings and in the child's annual report.

In addition to the assessments completed by the class teachers and our sports coach, a whole school participation tracking system is used to monitor access to the opportunities available to our children including access to qualified specialist coaching and facilities as part of the curriculum entitlement, Sports Leader and officiating opportunities, participation in intra-school and inter-school tournaments, participation in extra-curricular after school clubs and participation in the whole school sports festival.

When appropriate, we make links to other areas of the curriculum. This is most notable in areas such as RSE/PSHE, Science, Design Technology (Food) and through our Woodland Learning programme and residential experiences.

#### Extra- Curricular Clubs, Residential Experiences & Wider Opportunities

Every week we provide a range of Extra-Curricular Sporting Clubs to children in Years 1-6. These cover a wide range of different sports throughout the year. All clubs are led by a specialist sports coach from the Ipswich Town Football Club Community Trust via the Gipping Valley School Sport Partnership.

We were one of the first schools in Suffolk to be a centre for the Football Associations (FA) Wildcats programme. This takes place once a week and is led by our Sports Coach.

At lunchtimes twice a week, our Sports Coach provides additional sports opportunities. These are on the basis of a turn up, join in and play basis.

Children in Years 3-6 are provided with the opportunity to participate in residential experiences. These have a PSHE, Geography and Adventurous Activity Focus. From a sport perspective, the carefully planned programme enables them to experience and try new sports and outdoor activities.

Once a year we also provide all pupils in Key-Stage 2 with the opportunity to attend match day at Ipswich Town Football Club to experience supporting, including the atmosphere, a local team at a local stadium.

#### Intra-school & Inter-School Tournaments

Every term we hold an intra-school tournament to promote sport and an active lifestyle. For our youngest or less confident children, this is a stepping stone to being ready to participate in competitive inter-school tournaments. The events are organised by our Sports Curriculum Leader and delivered by our Sports Curriculum Leader working with our Sports Coach and Young Sports Leaders/ GCSE PE Students from Stowmarket High School.

Every term, through our membership of the Gipping Valley School Sport Partnership, our children participate in a range of inter-school sport competitions. The children must demonstrate their commitment to the school and team by attending the training sessions prior to these tournaments, are provided with a school logoed sports kit and, however successful they have been as a team, they come together to enjoy a celebratory 'Team Breakfast' before school on the Friday following these events. Participation and success in these events can also lead to participation in area and county finals.

### Young Sports Leaders

To support our older children in developing officiating and coaching skills, our Year 6 children are invited to apply to be Young Sports Leaders. They are required to complete a short application for the role and are then interviewed by a member of the Governor's Curriculum Committee. If successful, they then work alongside our Sports Coach on a rota basis to support our younger pupils to access their after school extra-curricular club experiences and they also support with officiating at the annual School Sport Festival. All Young Sports Leaders are issued with a Young Sports Leader Hoody to wear when carrying out their official duties.

### Sports Festivals

Every year, during the summer term, our pupils participate in a School Sports Festival to celebrate sport, PE and active life-styles. This is a family orientated day where parents, carers and wider family members such as grandparents are encouraged to attend, support and where appropriate participate.

The children are divided into mixed age teams each representing a different country. Siblings are placed in the same team to allow their family supporters to follow and encourage their children. Each team has an adult leader.

The day begins with an opening ceremony and 'warm up' led by either the Sports Curriculum Leader. Parents, carers and the wider family are also encouraged to participate in the opening ceremony.

The morning focus is on a carousel of 10 activity bases and include a wide variety of athletic skills. These bases have been set up by our Year 6 Young Sports Leaders who are responsible for explaining the task, safety rules and scoring to each visiting team before overseeing the task and setting it up again ready for the next team.

Following family picnic lunches and lunchtime entertainment, the afternoon is dedicated to class based races where the children race against their peers in distance running (age specific distance) and relay races. Every class also enjoys a 'wacky race' that the children and class teachers have designed together. Gold, Silver and Bronze stickers are issued for all races.

The day ends with a presentation ceremony. Medals are presented to the winning mixed aged country team. Trophies and medals are also presented for the highest scoring boy and highest scoring girl during the Sports Festival.

A special award, 'Sportsmanship Award' is also presented to the child who has demonstrated great sporting values throughout the whole school year.

All children receive a participation certificate and sticker in recognition of their contribution to the Sports Festival.

### Sports Premium & Pupil Premium

Every year we produce a detailed plan called the Sport Premium Plan which identifies how we use our Government Sport Premium Funding. This plan is available on our school website along with the review from the previous year.

To ensure that every child can access the wider opportunities on offer through our overall sports provision, children eligible for Pupil Premium receive annually a free PE/ Sport school logoed t-shirt and free access to all clubs, wider opportunities and residential experiences.

### **Our Impact Statement:**

By the time our children leave our school in Year 6 they will have:

#### Curriculum PE & Sport

- been taught and achieving, following our PE curriculum, a progression of skills in gymnastics, dance, games, athletics, swimming and OAA.
- been introduced to a range of sports and active pastimes which they may wish to pursue further both in their academic times and leisure times.
- accessed a variety of local sporting facilities, venues and specialist coaches.
- an understanding that sport is underpinned by our Christian values particularly respect, perseverance, trust and compassion.
- an understanding of the impact of sport, exercise and leisure on both their physical and mental well-being.
- understanding and appreciation that sport, exercise and leisure is accessible, and can be enjoyed by everyone.

#### Extra-Curricular Clubs, Residential Experiences and Wider Opportunities

- been able to enjoy their favourite sports above and beyond curriculum time and enjoyed participating in additional exercise as part of a healthy lifestyle.
- been introduced to a range of sports and active pastimes which they may wish to pursue further both in their academic times and leisure times.
- accessed a variety of local sporting facilities, venues and specialist coaches.
- an understanding that sport is underpinned by our Christian values particularly respect, perseverance, trust and compassion.
- an understanding of the impact of sport, exercise and leisure on both their physical and mental well-being.
- understanding and appreciation that sport, exercise and leisure is accessible, and can be enjoyed by everyone.

### Intra-School & Inter-School Tournaments

- been able to enjoy their favourite sports above and beyond curriculum time and enjoyed participating in additional exercise as part of a healthy lifestyle.
- experienced the highs and lows of participating in competitive sports and learned how to appropriately manage those feelings and emotions.
- Experienced the commitment and pride of representing their school at local and county level.
- participated in intra-school and inter-school sports competitions and demonstrated the values required to be a successful team player.
- developed positive sporting behaviours and values to support their peers and other competitors.
- an understanding that sport is underpinned by our Christian values particularly respect, perseverance, trust and compassion.
- an understanding of the impact of sport, exercise and leisure on both their physical and mental well-being.
- understanding and appreciation that sport, exercise and leisure is accessible, and can be enjoyed by everyone.

### Young Sports Leaders

- developed and demonstrated new coaching skills.
- developed the verbal communication skills associated with explaining and tasks and activities to a target age group.
- experienced pride in helping children younger than them to enjoy and engage in physical activity and to develop a healthy lifestyle.
- developed an awareness of the importance of commitment and reliability.
- an understanding that sport is underpinned by our Christian values particularly respect, perseverance, trust and compassion.
- an understanding of the impact of sport, exercise and leisure on both their physical and mental well-being.
- understanding and appreciation that sport, exercise and leisure is accessible, and can be enjoyed by everyone.

### Sports Festivals

- experienced the enjoyment of participation in a whole school sport festival.
- experienced working as a team of mixed aged members for enjoyment and towards a common goal.
- experienced representing your class and aiming to achieve your personal best.
- an understanding that sport is underpinned by our Christian values particularly respect, perseverance, trust and compassion.
- an understanding of the impact of sport, exercise and leisure on both their physical and mental well-being.
- understanding and appreciation that sport, exercise and leisure is accessible, and can be enjoyed by everyone.

Ultimately, we want our children to become passionate about sports, exercise, leisure activities and healthy living enabling them to make active lifelong lifestyle choices to maintain their physical and mental health and well-being.